

Pupils from Ridings High Swim The Channel For Children In Need

Students from The Ridings High School swam the length of the English Channel on Friday 18th November, to raise vital cash for Children in Need.

The pupils from year 10 had a target of raising at least £150 by 3.30pm on the day and if they met the target then head of year Mr Hogg and assistant head of year Mrs Pell will be thrown into the pool fully-clothed. The pupils actually raised a magnificent total of £733, so their teachers were pushed in as a satisfying reward!

The swimmers were taking part in South Gloucestershire Council's Active for Life Swim the Channel Challenge, which encourages people to get healthier by taking to the water and swimming the equivalent of the English Channel, 35,200 meters in the comfort of their own swimming pool.

At The Ridings, year 10 pupils were sponsored to swim 134 lengths of the school pool, so to build up their strength the day began with a French-style breakfast at 8.30am to signify the start of the event in Calais.

The marathon swim kicked off at 11.15am and is finished at around 3.30pm when all the swimmers will get a hero's welcome as they paddle into Dover. Many Thanks to Liz Pell (Assistant Head) at the Ridings who organised the event.

For further information about the Active for Life Swim the Channel Challenge see: <http://www.southglos.gov.uk/a4l>



Rebecca McCormack from Active for Life with Pupils at the Ridings High who were awarded with the gold certificate for completing the 35,200 meters of the Active for Life Swim the Channel Challenge.