



Swimming Module 1 Course (1 day)
asa National Curriculum Training Programme

Aim of Course:

To equip delegates with the skills and confidence to teach a basic range of aquatic skills at the non-swimmer, beginner and improver stage.

As stated in The South Gloucestershire Swimming Guidance Pack it is recommended that at least 1 person in the school has successfully completed the Module 1 Teachers Course and that all adults responsible for teaching on poolside have at least attended the 2 hour Introduction to Swimming course which run regularly.

Objectives

- Familiarisation with TOPs Swim resources.
- Understanding of basic technical knowledge i.e. safe entry & exit, floating, movement, treading water.
- Key principals related to 3 recognised strokes.
- Use of practices and games to develop technique.
- Understanding of Health & Safety in the pool environment.

This course comprise of a theory session, swimming practical work in the actual pool, plus working on poolside with a small group of children swimming. Delegates need to be prepared to swim themselves if possible (not compulsory although highly recommended). Delegates will need to bring the appropriate clothing to swim and also to work on poolside with young people.

Date:

Tues 29th June 2010 @ Thornbury Leisure Centre 8.45 -5pm

Cost: £25

1 free place (per school) for those schools swimming in the BLOCK weeks as part of their school swimming programme 2010-11 (funded by South Glos Swimming Strategic Group).

Cost includes TOP Swimming resources and all refreshments.

Audience:

All teachers, TAs, HLTAs and other adults who teach swimming to primary aged children in a school setting.

Tutor: Roy Collins - Amateur Swimming Association (asa) tutor.

Booking a Place:

Complete the attached reply sheet and return to Community Sport & Active Lifestyles. The cancellation procedure is that of South Gloucestershire Council's Professional Learning Community.

Please note your place on this course is only secure on receipt of a confirmation email to your school. Please do not attend the course without having received this e-mail! If this course is over-subscribed allocation of places may be restricted per organisation / school.

National PE and School Sport Professional Development Programme

Swimming

ASA National Curriculum Training Programme Module 1

I wish to attend the following session:

Tues 29th June 2010 @ Thornbury Leisure Centre 8.45 -5pm

Name _____

Position in School /Teacher/ TA/ Adult other than teachers
(AOTT's) _____

Name of School _____

Telephone No _____

Payment:

- For non-South Gloucestershire schools or Cheque book schools, please enclose a cheque (made payable to South Gloucestershire Council) £25 per person.
- Please invoice the school £_____ (South Glos schools only)

Please note: 1 free place (per school) for those schools swimming in the BLOCK weeks as part of their school swimming programme 2010-11 (funded by South Glos Swimming Strategic Group). Cost includes TOP Swimming resources and all refreshments.

Signed _____

Date _____

Please return the form

01454 868169 ☒ Claire.hayfield@southglos.gov.uk

01454 865823 ☒ Jeanette.quinn@southglos.gov.uk

Fax 01454 868420

Or Badminton Road office if using **the internal** post

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Offices, Castle Street, Thornbury, South Gloucestershire, BS35 9BJ