

From 4 to 16 - The SEAL Journey



Aims

- To develop a shared understanding of SEAL across all phases
- To facilitate a smooth transition between phases and ensure progression
- To share good practice
- To plan next steps

National Picture

- Primary – currently 70% said to be involved
- Secondary – aim to have 90% of secondary schools involved at some level by the end of 2011
- New OFSTED framework to include wellbeing indicators

Steer Report.....

“All schools should use the National Strategies materials to develop pupils’ emotional, social and behavioural skills. This involves familiarising staff with the SEAL materials that can be used through the taught curriculum to develop pupils’ emotional literacy”.

Impact

- Summary research on 207 programmes internationally shows:
- **11%** improvement in achievement tests
- **25%** improvement in social and emotional skills
- **10%** decrease in classroom misbehaviour, anxiety and depression

Foundation	Y1/2	Y3/4	Y5/6	Y7	Y8	Y9
<p>I know how to be kind to people who are new or visiting the classroom.</p>	<p>I feel good about the ways we are similar in The group And the way I am different.</p> <p>I know how to make someone feel welcome.</p>	<p>I know how to make someone feel welcomed and valued at school.</p> <p>I know what it feels like to be unwelcome.</p> <p>I know how to join a group.</p>	<p>I understand how it feels to do or start something new, and why.</p> <p>I know how others may be feeling when they are in an unfamiliar situation.</p> <p>I can help them to feel valued and welcomed.</p>	<p>I know how to make other people feel at ease.</p>	<p>I can use strategies to help people find solutions for themselves.</p>	<p>I can use active listening and mediation to support others.</p>



School SEAL Vision Part 1:

- Say there was an Annual Award for being the best SEAL School in the UK
- Say the prize was an extra four weeks' paid leave for each member of the winning Team
- Say YOUR School one the prize next year
- So, what should be listed on the citation giving the reasons for winning the prize?

School SEAL Vision Part 2:

- Imagine a Scale from 0 to 10, where 10 represents winning the prize, and 0 represents you've never even heard of SEAL
- Where on that scale would you say you are today?
- What skills, resources, personal qualities, values do you have in your school that put you at that point on the scale and not lower? Maybe listing these, you might want to review where you are on the scale?
- What else is there in terms of what's been done, what you know, what you're willing to learn about and change etc that puts you at that point on the scale and not lower?
- And what else?
- What point on this scale represents the smallest most achievable and noticeable step forwards?
- What do you notice about what you see happening at this point?
- What do you notice about how you got there? What did you do? What did others do?